

Oral appliances for snoring and sleep apnoea

Choosing a dentist for your treatment

Criteria for choosing a dentist

It is important that the dentist:

- 1 is experienced and trained in the field.
- 2 utilises a range of state-of-the-art custom made and adjustable appliances.
- 3 has made a minimum of 50 appliances and is delivering at least two per week.
- 4 is a member of the Australasian Sleep Association.
- 5 provides a warranty for achieving optimal results, ensuring patient satisfaction.
- 6 uses a local laboratory specialising in manufacturing appliances for snoring and sleep apnoea.

Only four percent of Australian dentists are trained in oral appliances

According to a recent survey conducted by the Australian Dental Association, only four percent of dentists regularly provide dental sleep appliances for the management of snoring and sleep apnoea.

Most dentists who make appliances do so infrequently and this represents a small part of their dental practice.

Some dentists are only using a single appliance which may not be of the latest design. It is important that the dentist can select and tailor-make an appliance that is most suited for the individual patient.

The dentists at SleepWise Clinic are the most experienced in Australia having treated over 7000 patients with oral appliances.

Dr Harry Ball, Dr Ken Lee, Dr Krystal Skilton and Dr Ben Abbott utilise the latest range of new generation appliances which have been scientifically proven to be effective and comfortable. At SleepWise Clinic the dentists work exclusively in the dental sleep medicine field.

The essential role of the dental laboratory in manufacturing an appliance

It is important that the dentist uses a dental laboratory that has vast experience and training in the manufacture of quality dental sleep appliances.

The chief focus of most dental laboratories is the construction of crowns, bridges, implants or dentures and they generally have little expertise, or training, in the manufacture of dental sleep appliances. This can compromise the quality and effectiveness of an appliance.

SleepWise laboratory

At SleepWise Clinic we have our own laboratory which is the only specialist dental laboratory in Australia providing an extensive range of high quality sleep appliances.

Our laboratory also provides appliances for other dentists throughout Australia who are working in the field. An advantage in having a laboratory at SleepWise Clinic is that every appliance provided for a patient is well fitting, comfortable and adjusted to the highest standards.

Another advantage of our laboratory is that maintenance and repairs of the appliances can be done rapidly.

Guaranteed results

Although oral appliances are an effective and comfortable treatment it is important that the dentist provides a trial of treatment and a satisfaction guarantee. Most dentists do not provide this.

At SleepWise Clinic we provide a unique money back guarantee to ensure that patients are fully satisfied with the results.

If for any reason the patient is not fully satisfied with the results, they are entitled to a refund of 80% of the fee. This enables people to trial a state-of-the-art appliance with minimal financial risk.